

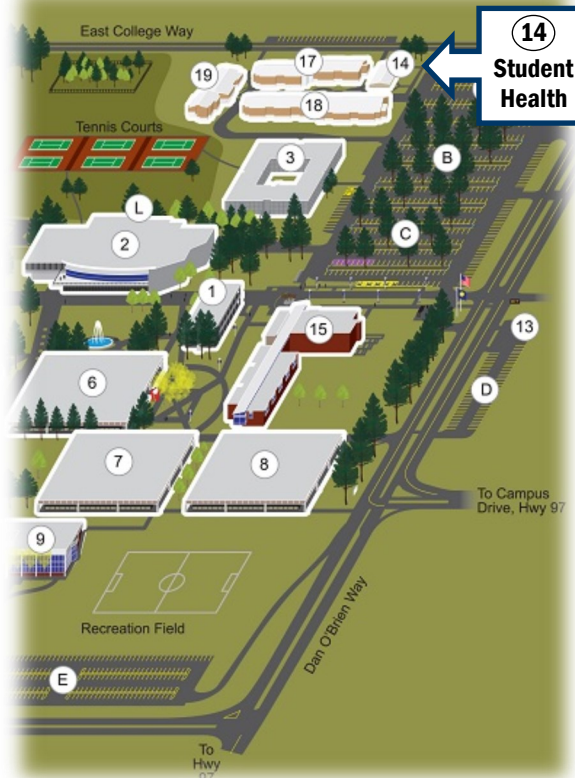
Available Services

- Illness & Injury Care
- Immunizations
- Wart Removal
- Blood Pressure Checks
- Emergency Birth Control & Pregnancy Tests
- Women's Annual Exams
- Birth Control
- STI Testing & Treatment
- Hearing & Vision Screening
- Medication Management
- Mental Health Counseling
- Crisis Management
- Health Education
- Tobacco Cessation
- Stress Management



What is NOT Available?

- Ambulance Services
- Dental Treatment
- Vision Prescriptions
- X-Rays, MRIs, or Other Diagnostic Imaging Procedures
- IV drips
- Prenatal or Pediatric Care
- Extensive Suturing/Stitches



Student Health Center Hours

Mon., Weds., Thurs., & Fri.

8am - noon; 1pm - 5pm

Tuesdays

9am - noon; 1pm - 5pm

Please call for an appointment.

Closed weekend & holidays;
limited hours during
summer & breaks.



For More Information:

Phone: 541-885-1800

FAX: 541-885-1866

E-mail: health@oit.edu

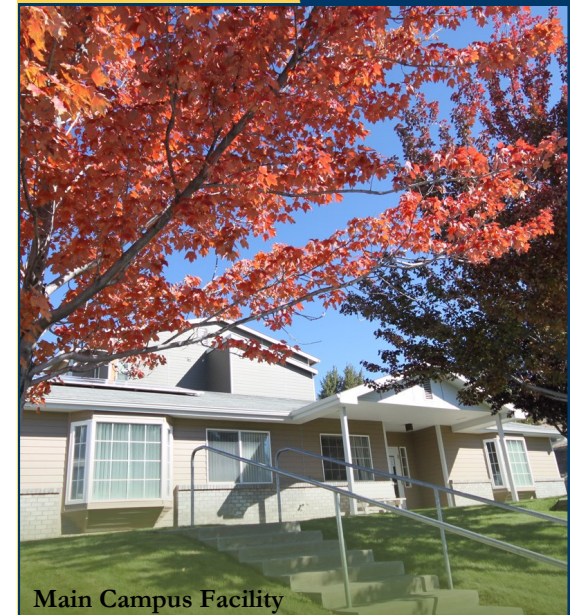
Web: www.oit.edu/health



Oregon TECH

Integrated Student Health Center

**General Medical,
Counseling, &
Wellness Services**



Main Campus Facility



Overview

Students enrolled for six or more on-campus credit hours automatically pay the Student Health Fee, which allows them to meet with medical, counseling, and health promotion staff with no co-pay.

Additional charges will be incurred for laboratory work, immunizations, or over-the-counter medications.

Medical Clinic

Our medical staff is comprised of a(n):

- Registered Nurse (RN)
- Advanced Practice Nurse (CNS)
- Physician (MD), part-time

The medical aspect of our clinic operates very similarly to a primary care office that you might find in the community. They are able to diagnose, treat, and prescribe medication for everyday health issues, and can refer to specialists for more advanced medical issues.

Students experiencing a major emergency are encouraged to go directly to Sky Lakes Medical Center (located across the street from campus).

Counseling

Our counseling staff is available to address issues commonly seen among college students, as well as more advanced mental health concerns. Examples of frequent topics addressed in counseling on campus are:

- Relationship Issues
- Low Self-esteem
- Academic Performance
- Depression
- Anxiety
- Suicidal Thoughts
- Grief
- Coping with Past or Present Abuse
- Stress Management
- Substance Abuse

Sessions are confidential, and crisis management services are available. Counseling is available on the Wilsonville campus, as well.

Psychiatric Services

A Psychiatric Nurse Practitioner works with ISHC staff to support students through mental health evaluation, treatment, and medication management.

Appointments are available 3 days a month; please call in advance as space is limited.

Health Promotion

A Health Educator is available to support the health and wellness of students at Oregon Tech. Examples of services available include:

- Personal Training
- Body Fat Monitoring
- Nutrition Education
- Tobacco Cessation
- Substance Abuse Prevention
- *Healthy Active Challenge* (annual team-based competition to increase personal activity)
- Campus-wide Awareness Events

Oregon Tech is encouraging students to make healthy choices across all aspects of their lives. Look for the “Choose Well” tent on campus for give-aways and opportunities to learn about making those healthy choices.

