



**SPECIAL POINTS OF INTEREST:**

- **IEP: Reaching out to the world**
- **Jamaicans receive over \$28,000 in dental services**
- **\$10,000 goal**
- **Program Growth**
- **Resources**
- **2014 Graduates**

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## Beyond Our Borders: International Externship Program

### Team Klamath

A group of Oregon Tech dental hygiene students and faculty spent the remainder of their summer break volunteering their time and talents overseas. For 7 days in September, a team of senior students and Associate Professor Jan Cope traveled to the island of Jamaica in the Caribbean Sea to provide dental hygiene care to Jamaicans living in rural areas of St. Elizabeth's Parish near Whitehouse.

The trip is part of the International Externship Program (IEP), which provides students the opportunity to travel outside the United States on a dental care mission. While the primary goal of the trip is to provide dental care to those in need, students are also exposed to a new cul-

ture, which offers learning opportunities that can benefit



Teri Pardue and Jamaican patient

future patient interactions in their career and beyond.

IEP student, Hannah Parker, shared her experience: "Being fortunate enough to travel to Jamaica for IEP with the Dental Hygiene program was an absolute life-changing experience; because of this trip it is my goal to continue to travel abroad throughout my professional career and provide dental work to those in need."

During the week, IEP team members collaborated with Great Shape 1000 Smiles, the world's largest, international humanitarian dental project, to provide dental hygiene care and education to Jamaican children and adults. More than 300 individuals received dental hygiene services totaling a conservative estimate of \$28,000 in value.

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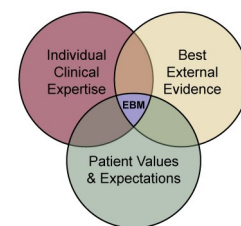
## Evidence-Based Dentistry

We are more and more using evidence-based decision making to help us answer clinical questions. Students learn and use the process to formulate clinical questions, find the research, evaluate it and then apply it. Research is just part of the evidence-based decision making process. Scientific evidence is used in conjunction with the

clinician's experience and judgment, the patient's preferences and values, and the clinical/patient circumstances. Here are some resources to help you answer your clinical questions.

1. The ADA's website on evidence-based dentistry is an excellent resource for clinical recommendations and

other resources. Go to <http://ebd.ada.org/contentdocs/>



see *Evidence*, page 3

# Dental Hygiene Endowment



Help us reach our goal of \$10,000!

Two years ago, we learned about an opportunity to benefit our program and the entire university by starting a department endowment. We are excited about the opportunity and to share the information with our alumni again this year.

The minimum amount to start an endowment is \$10,000.00. Once that amount is obtained, the principal grows over one year, after which a portion of the investment income can be used to fund or partially fund equipment, items, programs or

projects annually. An endowment will help provide the department a more stable financial resource over time that is not subject to any type of budget cuts and can be used for those items we believe will help us best meet our mission as a department. It will also help the university as a whole by demonstrating participation and support of our overall goals which is important to other foundations and can potentially help leverage funding for capital expenses, schol-

arships and even community outreach programs like ours. You can help us reach our goal by making a contribution online at the Oregon Tech web page, [www.oit.edu](http://www.oit.edu). Select the gold "Give to Oregon Tech" button mid-page. On the donation page choose "other" as the designation and put "Dental Hygiene Endowment" in the box below. For more information contact Jill Schultz at 541.885.1366 or [jill.schultz@oit.edu](mailto:jill.schultz@oit.edu).

"...it is my goal to continue to travel abroad throughout my career and provide dental work to those in need."

Sharing hope around the world.



## Borders, continued from page 1



"IEP teams plan for their experience and raise funds and supplies for two quarters; they travel in their third quarter of study," said Dental Hygiene Department Chair Jill Schultz. "This is an exciting project that allows students to use their clinical skills in a setting that requires flexibility and critical thinking. Team participants also learn about and experience another culture first hand."

Past destinations of the IEP include Romania, Ukraine, Moldova, Costa Rica, Nicaragua, Honduras, Peru, Guatemala, and Vietnam. Travel is coordinated through a global medical organization and an in-country partner.

### Team Salem

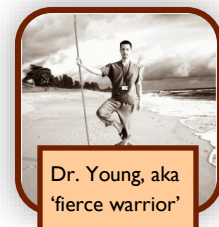


Fall term went well with a highlight being our first IEP trip. Joseph Young, DMD, and Sharon Crawford, RDH, led a group of senior students to Liberia, Africa with Medical Teams International. The group volunteered with ELWA school and Trinity Dental Clinic in Monrovia.

Liberia has a desperate need for dental treatment. The country boasts a population of over 4 million with only five licensed dentists. Many people

were given much needed dental care during our visit. Every day students lined up and watched the team at work in clinic. One small child commented, "What are they doing in there? It's been THREE days!"

A highlight of the trip was a boy who was given a gift greater than dental treatment — Dr. Young saw the child drowning in the ocean and did not hesitate to dive in for a rescue.



Check out the trip blog to learn more at [www.smiles2africa.blogspot.com](http://www.smiles2africa.blogspot.com).



## Evidence, continued from page 1

- ADA\_Evidenced\_based\_Topical\_Fluoride\_Chairside\_Guide.pdf for the new chairside guide on topical fluoride.
2. And here is a great resource for evidence-based answers to your clinical questions: [www.tripdatabase.com](http://www.tripdatabase.com).
  3. You can also find quick summaries of research at the CATs library at the University of Texas Health Science Center at <https://cats.uthscsa.edu/>. CATs are Critically Appraised Topics related to a clinical dental problem.

## Resources for You

Have you been asked to do a presentation on oral health in your community? Here are some resources to help you get started:

1. From the American Academy of Pediatric Dentistry: [www.mychildrensteeth.org](http://www.mychildrensteeth.org)
2. The Smile Smarts Oral Health Curriculum from the American Dental Association: [www.ada.org/390.aspx](http://www.ada.org/390.aspx)
3. Bright Smiles Bright Futures from Colgate: [www.colgate.com/app/BrightSmilesBrightFutures/US/EN/Program-Materials/For-Educators/Teachers.cvsp](http://www.colgate.com/app/BrightSmilesBrightFutures/US/EN/Program-Materials/For-Educators/Teachers.cvsp)
4. Free publications: [www.nidcr.nih.gov/](http://www.nidcr.nih.gov/)

## Career Opportunities

**Capitol Dental Care** is interested in expanding their Expanded Practice Dental Hygiene workforce. We currently have openings in Albany, Corvallis, Medford and Grants Pass. Are you interested in working at the top of your license? Are you ready to take on more responsibility while at the same time increasing access to care for the most vulnerable populations? Do you feel confident in your skills and are willing to work independently? If so, please contact:

Linda Mann, EPDH  
 Director, Community Outreach,  
 Capitol Dental Care  
[mannl@interdent.com](mailto:mannl@interdent.com)  
 503.917.2604



Find a job through the **ADHA Career Center** at <http://www.adha.org/career-center>. These listings include positions in private practice, academia, public health, and the military.

### Did you know?



According to the World Health Organization 2013 report, there are 0.2 dentists for every 10,000 people in Jamaica, which has a population of almost 2.8 million.



Heather Hemmert and Liberian boy

*"We are now a department... with well over 300 students enrolled."*

## Message from the Chair



Wow! Has the dental hygiene department ever grown! I remember the days when we were a two-year associate degree program on only the Klamath Falls campus and with only 11-12 students per class. Times have changed for us in the last ten years. We are now a department with

four programs with well over 300 students enrolled. The online bachelor degree program for registered dental hygienists is one of our fastest growing areas. Consumer group GetEducated.com ranks the program as one of the top 27 best bargains nationwide for online bachelor degrees in health science. For more information, visit the dental

hygiene web page at [www.oit.edu/dentalhygiene](http://www.oit.edu/dentalhygiene) or contact [jill.schultz@oit.edu](mailto:jill.schultz@oit.edu).



## News from Salem



Join Oregon Tech Dental Hygiene at Chemeketa Community College July 11th and 12th for the Oregon Mission of Mercy (MOM). The main event will be held in the gymnasium, with the clinic being

used for some oral surgery and dental hygiene services where our faculty and students will be volunteering. Several faculty attended the Portland MOM November 25th and 26th to see how this

amazing event works. Almost 1000 people were given free dental services and they were lined up for hours at the convention center. We

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Patient undergoing care at Portland Mission of Mercy.



# Congratulations 2014 Dental Hygiene Graduates!



The inaugural class at the Oregon Tech Salem site graduated on March 8th. Students graduating this year entered their dental hygiene programs at the end of the first 100 years of the dental profession and are entering the workforce at the beginning of the second century! What an exciting time to be a dental hygienist!



## News, *continued from page 3*

encourage you to consider becoming a MOM volunteer. You can learn more on the Oregon Dental Association webpage at [www.oregondental.org](http://www.oregondental.org).

Portland MOM statistics:  
1,511 volunteers  
141 hygienist volunteers  
1,775 patients  
9,120 procedures  
\$1,165,172.80 worth of tx

### COMING SOON: WREB EXAM

The dental hygiene program in Salem will be hosting WREB examinations in April. We are thankful for the opportunity for our students to take their boards at one of our facilities and in a closer location.



## Dr. Ed Stuedli Retires



Dr. Ed Stuedli, long-time dental hygiene instructor and student advocate, retired at the end of summer term 2013. For the past several years he had served as the Executive Director of the ODS College of Dental Sciences and was a positive liaison between ODS and Oregon Tech. We wish him many happy, sunny days riding his tractor outside of Klamath Falls.

Dr. Lynn Harris was hired as Executive Director to replace Dr. Stuedli in fall term 2013. He had worked in the clinic as a fill-in dentist and also owned a private practice in La Grande. Dr. Harris is a welcome addition to our group and will bring an added level of visibility for our school to the community. We look forward to many years of working with him.

Klamath Falls

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